

MITCH ELIOT

f /MITCHTEAMPROTOUCH
t /MITCH_ELIOT



GENERAL INFORMATION:

NAME

Mitchell (Mitch)

SURNAME

Eliot

DATE OF BIRTH

24 June 1996

SCHOOL

Charterhouse School,
Johannesburg South Africa

MOBILE

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I am An U23 professional cyclist, riding for Team ProTouch, South Africa. My goal is to be the best I can be, day in and day out. I am a very strong climber. Take the risk or you'll lose the chance!

SOCIAL MEDIA PROFILES

f /MitchTeamProTouch
t /Mitch_Eliot
i /Mitchell.eliot

NATIONALITY AND VALID PASSPORTS

South African and British

LANGUAGES

English

MY HOBBIES

When I am not riding my bike, I can be found watching international racing on television and, spending time with my team mates and my family

GOALS AND AMBITIONS

I want to win more Tours.
I want to be there for my team. I want to achieve my own personal goals and strive to exceed my own expectations.

CYCLING ACHIEVEMENTS AND NOTABLE RESULTS:

2018

- EMPERORS - 1-DAY CLASSIC - Part of the Team that took 1st Place
- BERGE EN DALE - 1-DAY CLASSIC - Part of the Team that took 1st Place and 2nd U23
- CAPE TOWN CYCLE TOUR - Part of the Team that took 3rd Place (Elite/U23) and 1st Place (Junior)
- RIDE FOR SIGHT - 1-DAY CLASSIC - Part of the Team that took 1st Place (Elite/U23)
- TOUR OF GOOD HOPE - Part of 2nd Overall Team with our GC rider (Elite/U23) coming in in 3rd Place (1st SA Team behind Dimension Data)
- TOUR OF MPUMALANAGA - 4th Place Best Young Rider and part of 2nd overall Team with our GC Rider (Elite/U23) in 2nd Place
- WILRO LIONS CLASSIC - Part of Team that took 1st and 2nd Place
- TOUR DE LIMPOPO - UCI 2.2 - Part of the Team that got 1st and 2nd Place on GC, King of the Mountain, Best Young Rider, 2nd Placed Sprinters Competition and Best Overall Team. Winners of Team Time Trial
- TOUR DURBAN - Part of team that took 1st Place and Best Young Rider
- 100 CYCLE CHALLENGE - Part of Team that took 2nd Place (Elite/U23)
- NATIONAL TEAM - Selected for U23 Nations Cup Grand Prix Priessnitz, Czech Republic (May 2018)
- LOSKOP ROAD RACE - 1st Place

2017

- TOUR OF MPUMALANAGA - 5th Place Best Young Rider
- POLOKWANE MAYORAL CLASSIC - 2nd Place U23
- CLOVER TOUR - Best Young Rider and 5th Place on GC
- TOUR DE WINDHOEK, NAMIBIA - Best Young Rider, 6th Place on GC, part of Best Overall Team
- TOUR DE MAURICE, MAURITIUS - Best Young Rider, 5th Place on GC, 3rd Place in Stage 5
- JOCK TOUR - Best Overall Team
- YARONA 106.6 CYCLE CHALLENGE GABORONE, BOTSWANA, part of Best Overall Team

2016

- SA CHAMPIONSHIPS U23 Time Trial - Top 10
- SA CHAMPIONSHIPS U23 Road - Top 10
- GAUTENG CHAMPS U23 Time Trial - 2nd Place
- GAUTENG CHAMPS U23 Road Race - 2nd Place
- CLOVER TOUR - Winner Stage 1, KOM Stages 1, 2 and 3, Best Young Rider - 3 Stages

ABOUT ME:

I was born in 1996 in Johannesburg, South Africa. My dad introduced me to cycling in 2013, firstly to mountain biking before moving onto a road bike. I won my first race as an U16 rider for the MTN Qhubeka Academy and from then on, I knew that I wanted to be out riding a bike and not sitting behind a desk.

In 2016, I took part in the Clover Lowveld Tour in Mpumalanga, South Africa. I won the first stage by over 4 minutes, to my competitors Clint Hendricks (Team BCX) and Willie Smit (now Team KATUSHA ALPECIN). I was leading the King of the Mountains and Best Young Rider points competitions for the first four stages, and going into the fifth and final stage, I was lying 2nd overall on GC by only a few seconds to Willie Smit. Unfortunately, I had a terrible accident halfway through the stage when I hit a pothole on a decent, going over 80kmph, and that was the end of the tour for me. I spent the next ten days in ICU, and now, after eighteen surgeries having my face fixed up, it has been a hard journey back - but this was not going to stop me from pursuing my dream of being a World Tour Rider.

In 2017, I reclaimed my Best Young Rider jersey at Clover Tour, as well as at Tour de Windhoek in Namibia and Tour De Mauric, Mauritius. I was also part of the team that won the Best Overall Team at the Jock Tour, Tour de Windhoek and Botswana Cycle Challenge. My team also achieved 2nd Overall Best Team at Tour de Maurice and I was part of the team that won the Double Century, finishing over 8 minutes ahead of the runners up - I finished as the 3rd rider over the line.

In 2018, teamwork and supporting my team has been my focus: We finished 2nd Overall at the Tour of Mpumalanga and 2nd Overall Best Team (1st SA Team - behind Dimension Data) at the Tour of Good Hope. Achieved five 1-Day Classic wins, and a 3rd place at Cape Town Cycle Tour, along with winning the inaugural Tour de Limpopo - SA's first UCI 2.2 Tour. More recently, I won the 118km Loskop Road Race, Mpumalanga with my team mates filling the top 6 positions overall.

BEST ADVICE "you can be born talented but, there is always someone working and training harder than you and, at the end of the day he will succeed". I want to be that man.